

The HI Niagara Rainbow Hostel's  
**NIAGARA FALLS MAP**

**BACKPACKER SECRETS**

**1 Niagara Falls**

One of the world's most well-known wonders, Niagara Falls is a free attraction open to everyone. Follow River Road for a wonderful view of the river and the majestic falling water.

**2 Buddhist Temple**

10,000 Buddha's Chinese Buddhism Temple. 5 minutes away. Open to the public. Statues, shrines, gongs, meditation areas, discussion with Buddhist monks, retail store (incense, beads, statues.) Evening Service and free steamed vegetable dinner.

**3 Glass Blowing Studio**

Souvenir city. Live demonstrations. Watch the artists create new artwork from 10am to 10pm daily. Tons of beautiful glass work available to browse and enjoy.

**4 Daredevil Cafe**

Historic Daredevils photographs and information. Cheap food and beverages. 5 minutes from the falls.

**5 Dufferin Islands**

Check out the Dufferin Islands where you will travel through islands connected by bridges and surrounded by the Niagara River. Great sightseeing.

**6 The Great Gorge**

Feather in the Glen Picnic and Sightseeing Area. 30 minute hike to the bottom for a close up of Niagara Whirlpool and Rapids. Beautiful protected biosphere.

**7 World's Largest Whirlpool**

Free observation deck along the parkway, or take the Aero car across the gorge for an aerial view.

**8 Botanical Gardens**

The Gardens are open to visitors for a self guided tour of the plant world as seen in the herb garden, the vegetable garden, the rock garden or the amazing arboretum, and one of Canada's finest collections of ornamental trees and shrubs. This attraction is open daily dawn to dusk and is free of charge.

**9 Botanical Greenhouse**

The exhibition Greenhouses are open year-round and feature collections of orchids, succulents and other tropical plant species. Eight main floral displays are created to reflect the changing seasons throughout the year.

**10 Daily Planet**

Cheap drinks on Wednesday nights. 10% discount off food for HI members and only 10 minutes from hostel!

 **Niagara Rainbow Hostel**

*HI Niagara Rainbow Hostel  
 4549 Cataract Ave, Niagara Falls  
<http://www.hihostels.ca/niagarafalls>*



**NOTES:**